

Abstract

5 A massage arm (1) comprising a massage element (2) for a
massage unit which can be mounted on a massage chair or
other seat or other item of furniture used for seating or
lying purposes, wherein the massage arm (1) is coupled to at
least one shaft, which can be displaced in the massage unit
10 by means of a drive in order to produce a first vibrating
movement within a first frequency range, and is connected to
the massage element (2) in an articulated manner. The
massage element (2) has at least one contact surface which
acts upon the body of the person receiving the massage.
15 According to the invention, in order to achieve an improved
massage effect, a vibration device (8) is provided. Said
vibration device produces a second vibrating movement which
is superposed on the first, said vibration movement
occurring within a higher frequency range in comparison with
20 the first.